
Pillowcase Project

4-H

AT HOME KIT

Grade Level: K-6

Week Of: 05/04/2020

Time: 50 minutes



Overview

Hey 4-H'ers! Just before we were dismissed from club for the rest of the semester, we were really getting into sewing, and learning valuable basic sewing skills to make different projects! This week the Bethel 4-H staff is bringing you another great sewing kit to sharpen and expand your skills!

Description:

You are going to make your very own pillowcase, using a sewing machine with seam allowances or hand stitch running stitches.

GREAT NEWS!!! THIS PILLOWCASE PROJECT WAS ALREADY STARTED FOR YOU! You will use the materials provided along with basic household sewing materials to complete your pillow. ***This project can be produced with the use of a sewing machine, or hand sewing.

Goals:

To create a pillowcase through the crafting skill of sewing. To learn how to stitch two pieces of fabric together in a neat line. To make something cozy, soft, and beneficial for practical every day use!

Reflection:

How did my lines turn out on my pillowcase?

How did my patience in using the sewing machine, or in hand sewing benefit the project overall?

What other things can I create by sewing now that I know how to properly sew pieces of fabric together?

Materials

- Thread spool
- Needle (available if needed)
- 2 pieces of fabric
- 1 piece cuff fabric

Other Resources

Visit our website at

<http://www.alaska4h.org/bethel.html> for upcoming resources.

 Bethel 4-H

 Bethel Alaska 4-H

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Weekly Challenge:

Send us a photo of your completed pillowcase via email, or social media. We will choose a winner by Monday May 11th, 2020. The winner will receive a prize!

Instructions:

1. **Hand sewing:** Prep the needle and thread. Tie a knot to secure thread in the needle.
Sewing machine: Prep the threaded needle, and bobbin.
2. Put the right sides of the fabric together and line up the edges. Pin pieces to hold them in place.
3. (Optional) Iron the pieces of fabric to make them easier to sew evenly.

Directions:

- a. One 27" x 40" main fabric
 - b. One 9" x 40" cuff fabric
1. Fold trim fabric in half lengthwise wrong sides together and press. (This has right sides showing).
 2. Pin to the open edge of the pillowcase- right sides together.
 3. Sewing the trim onto the pillowcase:
1/4-inch seam allowance- Sew forward and backward to "tie a knot."
OR
Tie a knot in your thread and hand sew running stitch up and down through top of fabric.
 4. Fold fabric in half wrong sides together and sew a 1/4" seam along the side and bottom. Line up the cuff to match. Pin before you sew.
 5. Turn right side out and press, you're done!