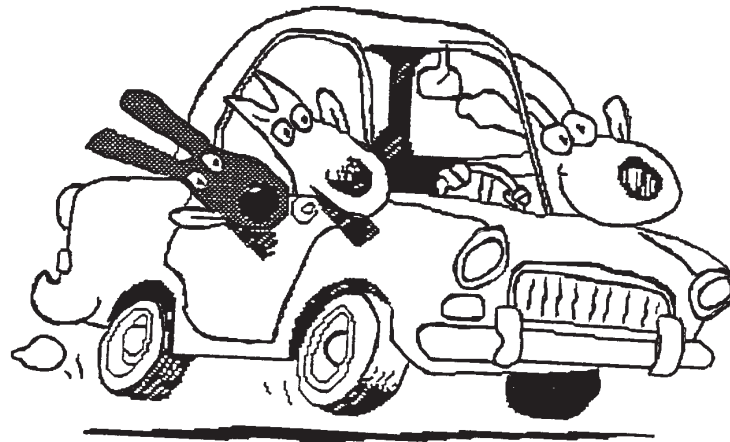




A 4-H Musher's Supplement Record Book

(Intended as a supplement to the *Alaska 4-H Record Book*)



Name: _____

Kennel: _____

Dates: From _____ To _____

Health Record

(Copy these pages if you have more than one dog)

Name of dog _____

Age of dog _____ Sex of Dog _____(F) _____(M)

Record of Dates for

1. Worming

Record the dates and the medication used to prevent or eliminate the following worms:

a. Roundworm _____

b. Hookworm _____

c. Whipworm _____

d. Heartworm _____

Heartworm check _____

e. Other _____

2. Parasite control

List the type of parasite, medication used and dates given (for example, heartworm preventative, flea, tick and lice control):

3. Estrus cycles (dates)

4. Immunizations (shots)

Use Record of Vaccination on next page.

Name of dog _____ Date of birth _____

Date you acquired dog _____

Health Record

Put the date your dog received the vaccination in the box that corresponds with the dog's age.

	Distemper-measles	Distemper-hepatitis Cav-2	Leptospirosis	Parainfluenza	Bordetella	Canine parvovirus	Rabies	Coronavirus		
_____ weeks										
_____ weeks										
_____ weeks										
_____ weeks										
_____ weeks										
_____ weeks										
_____ 1 year										
_____ 2 years										
_____ 3 years										
_____ 4 years										
_____ 5 years										
_____ 6 years										
_____ 7 years										
_____ 8 years										
_____ 9 years										
_____ 10 years										
_____ 11 years										

Health Record (continued)

Weight and Growth Record

Date	Weight	Other measurements (e.g., height)

Schedule of Training and Races

Use this calendar to mark when races are scheduled and to help plan your training runs.

September		October		November		December	
1	16	1	16	1	16	1	16
2	17	2	17	2	17	2	17
3	18	3	18	3	18	3	18
4	19	4	19	4	19	4	19
5	20	5	20	5	20	5	20
6	21	6	21	6	21	6	21
7	22	7	22	7	22	7	22
8	23	8	23	8	23	8	23
9	24	9	24	9	24	9	24
10	25	10	25	10	25	10	25
11	26	11	26	11	26	11	26
12	27	12	27	12	27	12	27
13	28	13	28	13	28	13	28
14	29	14	29	14	29	14	29
15	30	15	30	15	30	15	30
			31				31

Schedule of Training and Races

Use this calendar to mark when races are scheduled and to help plan your training runs.

January		February		March		April		May	
1	16	1	16	1	16	1	16	1	16
2	17	2	17	2	17	2	17	2	17
3	18	3	18	3	18	3	18	3	18
4	19	4	19	4	19	4	19	4	19
5	20	5	20	5	20	5	20	5	20
6	21	6	21	6	21	6	21	6	21
7	22	7	22	7	22	7	22	7	22
8	23	8	23	8	23	8	23	8	23
9	24	9	24	9	24	9	24	9	24
10	25	10	25	10	25	10	25	10	25
11	26	11	26	11	26	11	26	11	26
12	27	12	27	12	27	12	27	12	27
13	28	13	28	13	28	13	28	13	28
14	29	14	29	14	29	14	29	14	29
15	30	15	30	15	30	15	30	15	30
	31		31		31				31

Mile Log

Dates

	Total miles									
Name of dog										

This page can be used to keep track of what happens on a run. You may want to make multiple copies of this page.

Date _____		
Dog's name	Miles	Notes

This page can be used to keep track of what happens on a run. You may want to make multiple copies of this page.

Date _____		
Dog's name	Miles	Notes

Notes





www.uaf.edu/ces or 1-877-520-5211

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Reviewed October 2018