

4-H stands for... **H**ead **H**eart **H**ands **H**ealth



Make new friends and collaborate.



Join a 4-H club and do all kinds of things.



Learn skills that help you become a leader.

4-H partners youth with caring adults and encourages families to be involved in having fun while learning together.

Over 15,000 youth and 1,000 adults are having fun learning together in:

- Camping and retreats
- Making new friends
- Working with others
- Learning new skills
- Traveling to new places
- Designing clothes
- Geocaching
- Robotics
- Shooting sports and outdoor skills
- Horses and livestock
- State and national competition and leadership
- Starting a business
- Getting a new perspective on life

In a safe and enriching environment, 4-H brings youth and adults together to learn everyday skills with hands-on learning.

Working on activities from animal and plant sciences to robotics, 4-H'ers learn problem-solving skills that can make a positive impact on their community.

4-H helps youth:

- Meet the diverse challenges of today's world
- Build self-confidence
- Learn responsibility
- Make positive decisions

JOIN | THE REVOLUTION  OF RESPONSIBILITY

Get involved, get online at www.alaska4h.org



What do **YOU** stand for?