



4H Windowsill Salad Kit

Your Very Own Greenhouse Garden!



This kit contains:

- 1-gallon bag of soil
- Packet of seeds (lettuce)
- Plant label



You will also need:

- One plastic container with clear lid or plastic wrap
- 1 sharpie marker for labeling
- Water mister



Directions

 (For more information scan the QR Code above or go to: <http://www.alaska4h.org/upcoming-events.html>)

1. Get one plastic container (with no holes in the bottom) any size. You can use a salad container or any container with a clear lid. If your container does not have a lid, you can use plastic wrap.
2. Write your name with a sharpie on the lid or the bottom. Decorate sides as desired.
3. Fill the container up half way with soil.
4. Place two seeds every square inch on top of the soil. Make sure seeds are distributed evenly. Cover lightly with soil once all seeds are planted.
5. Water with the mister. Make sure the soil is nice and moist, but not wet.
6. Write a label for the container, cut if necessary to fit when lid is closed.
7. Close lid or cover with plastic wrap and place in a sunny window.

8. Water occasionally, not daily. Monitor daily for plant growth using the chart below.



Plant Growth Monitoring Chart

Name: _____

Description of Plant _____

Height in Centimeters

1 2 3 4 5 6 7 8

Date: _____	Date: _____	Date: _____	Date: _____	Date: _____	Date: _____	Date: _____	Date: _____
Time: _____	Time: _____	Time: _____	Time: _____	Time: _____	Time: _____	Time: _____	Time: _____

For more information, scan the QR Code or go to: <http://www.alaska4h.org/upcoming-events.html>



9. Thin plants if/when necessary. Enjoy your salad!



UA is an AA/EO employer and educational institution and prohibits illegal discrimination against any individual: www.alaska.edu/nondiscrimination.